



نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

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Message from the President



The 29th FIMA council meeting and 5th FIMA-IMAM scientific conference is approaching nearer. The organizing and scientific committees of Islamic Medical Association of Malaysia (IMAM) have worked very hard during these last few months to finalize the program and made arrangements for logistics to cater for an expected 600 number of delegates. The chairman of organizing committee Dr. Abd Rashid Abd Rehman has requested the participating IMAs to send the final details of their travel plans and itineraries along with duration of stay, so that the arrangements are facilitated. I am sure it will be an unsurpassed and memorable occasion to discuss the working and future planning of IMAs and FIMA and a great reunion of IMA fraternity and the scientific meeting will definitely augment the existing knowledge and comprehension of the theme

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Hayat Foundation Hosts Historic 14th FIMA-WAMY Students Camp in Istanbul, Turkey

I am Azna Ahmad from Leeds, UK pursuing my undergraduate medical school here. I had the opportunity to attend a program organized by FIMA (Federation of Islamic Medical Association) in Istanbul, Turkey from 9th-16th July 2012.

Background of the programme

International Student Camp with the theme, Muslim Youth Planning Their Career in Istanbul is sponsored by Hayat Foundation. FIMA is an international federation with many Islamic Medical Associations from the whole world ensconce under FIMA which includes IMAM (Islamic Medical Association Malaysia). There were brothers from 18 countries joined the camp, with 140 medical students and health allied students and sisters from 7 countries with 40 participants. Subhanallah, we had the opportunity to know and get acquainted with sisters from Uganda, South Africa, Pakistan, Lebanon, Turkey etc. On the brothers side, there were many participants from Gaza, Iraq, Sudan, Kenya, Saudi, Egypt, Jordan, and some which I have never heard of. In this program, there were scientific and social parts of the program. Scientific parts include all the talks and

lectures and social parts including all the visits around Istanbul. There were many distinguished speakers for all the talks from different specialties and they were all experts in their branch, i.e. consultants, associate professors, dean of university etc. And the best part was, they are all Muslims who wanted to bring back the glory of Islam. They tried by all means to call people to Islam in every single thing they do, including the talks. I observed that they never missed even once to remind us about taqwa, ikhlas, niyyah, tawakkal and repentance throughout their talks.

The educational parts of the camp

Among the talks given by the speakers in the camp are listed below:

1. Dr Salih Saad Al Ansaari, Consultant of Family and Community Health Importance of choosing the right career



2. Dr Emad Khan, Assoc Prof of Dentistry Distinction in Your Career

3. Dr Tanveer Zubairi, Consultant of Radiology and Secretary of FIMA Career Planning for Medical Students

4. Dr Ali Ihsan Dokucu, Health Director of Istanbul Your Choices Determine Your Future

5. Dr Samir Al Mansouri, Consultant of Ophthalmology Career Development

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6. Dr M Ihsan Karaman, Chairman of DWW Turkey Doctors Worldwide and Volunteering

7. Dr Alaa Salah Abduljabbar, Consultant, General Surgeon Choosing to be a surgeon; a life experience

And also, for sisters Dr Emad and Dr Salih conducted a small session to address issues about balancing between family, life and career. It was a very enlightening session. Among the things that I learnt from this mini session was:

- to love what you do and do what you love

- to look at your wheel of life. have a clear vision for every aspect.

- make goals for each of them, practically

- prioritize to have a balanced wheel

- knowing why you do something at certain point of time makes you satisfied and avoid guilt.

Compromising something else for a clear reason makes the doing worthwhile.

- always, motherhood is precious gift for every woman. no matter what we do.

Apart from talks, there were also some sharing sessions and presentations from each country. I

learn a lot from their programmes among those FIMA camp between local medical students and nearby countries, conferences, community actions, dakwah programme, iftar with those in need, disaster management, care relief mission to various sort of countries. Alhamdulillah, they are very active and are at the frontline of the community. IMAM is also known for its active participation in FIMA. There were discussion and workshops for related topics and subjects. Alhamdulillah, I was given the opportunity to present a topic on importance of research in medical field. Knowing that the importance of doing research, I feel so motivated to learn more on research. And also, all the



consultants were very supportive towards us. They encouraged us to explore things and proactive in managing event like FIMA camp. And for the record, this camp was managed by the medical students and doctors in Turkey and funded by WAMY.

Social programmes

We went to visit many interesting and historical place in Turkey. Among others, we went to Sultanahmet Mosque or known as Blue Mosque, Hagia Sophia/Ayasofya, Topkapi Palace, Suleymaniye Mosque, Fatih Mosque, Grand Bazaar, Fevzi

Pasha Street, cruising across Bosphorus Sea, dan Kefken Beach. What is different about these visits was, we are with the Turkish girls all



the time. We did all the activities together, eating, story telling, and shopping. A bit different from our usual 'jaulah'. The Turkish participants were not fluent in English as they are taught in Turkish language but despite all the struggles, they tried very hard to communicate with us MashaAllah. Plus, they are very concern from the very moment we touched down Istanbul to the last second we leave Turkey Subhanallah.

We felt that the relationship established with the rest of participants in Istanbul is very special. The Turkish people were very friendly and honest with themselves. They admit their lack of skill in English and were very humble. The bond was instantaneously tied up strongly just by being ourselves MashaAllah. Other delegations also were very amazing. Even in Malaysia delegation itself, I was very grateful to meet another Malaysian participant from dari Tanta University, Egypt. This trip with all the sisters from all over the world is indeed very special. We carved a special memory in Istanbul. I would definitely want to visit Turkey with my sisters again, InshaAllah.



FIMA SaveSmile

FIMA SaveSmile project has been spreading smiles all over Sudan and Gaza, Palestine this year with IMANA Medical Relief (IMR) and DWW(Doctors World Wide)-Turkey. IMR team of twenty volunteers consisting of five plastic surgeons, three anesthesiologists, critical care specialists, physician assistant and media, headed by Dr. Parvaiz Malik spent a week in Khartoum, Sudan in March this year. They examined about 250 patients and performed 158 cleft lip and palate repair surgeries. Patients came from every corner of the country and Sudanese Islamic Medical Association (SIMA) facilitated and hosted the camp with great

enthusiasm. IMR is providing children born with cleft lip and palate the same opportunities in life as those born without it. The team finished the camp with many happy smiles from patients and their families.



DWW-Turkey went to Gaza, Palestine in June this year and FIMA president, Dr. Parvaiz Malik went with the group of three Turkish plastic surgeons, two ENT specialists and a surgical nurse. The team performed 49 complex surgeries for not only cleft lip and palates but also major body reconstructions requiring

microsurgical transfer of free flaps. They trained the local plastic surgeons and donated the microscope to Al-Shifa Hospital in Gaza. DWW-Turkey team will collaborate with IMR in March 2013 to have a much larger cleft lip & palate camp in Sudan under the banner of FIMA SaveSmile.



Opening of Al Shifa Dental Clinic

The official opening of **Al Shifa dental clinic** a new project of IMA of Zimbabwe. It took them a long time to setup this dental clinic, but they managed to overcome all the challenges and now Al Shifa dental clinic is fully operational. The community witnessed the official opening where, there was a big

gathering that represented all the Masjids around Bulawayo. IMAZ appreciate and lauds the efforts of **Dr Nazir Muhammad** who generously donated the major share for purchase of expensive equipment, **Dr Khalid Siam** for his kind support and all the members of the community, who offered generous donations.



FIMA Save Vision Holds Free Eye Camps in Gambia & Cameroon in July, 2012



FIMA Save vision is once again very active in its field work. A free eye camp was conducted from 1-6th July 2012 in Regional Hospital, Yagoua, Cameroon. Around 2000 patients were examined in the OPD and 476 cataract surgeries were

performed. It was followed by another very well attended free eye camp in Gambia which was held from 8-13th July 2012 in Serekunda, Gambia. Around 1400 patients were examined in OPD and 183 surgeries were performed.

Dr. Misbah ul Aziz (President, PIMA), Dr. Intizar Butt, Dr. Kanwar Usman Saeed, Dr. Shayan Shadmani were the participating eye surgeons.





29th FIMA Council Meeting & FIMA-IMAM Scientific Convention 11-16 Sep, 2012



The Islamic Medical Association of Malaysia (IMAM) & FIMA are in the final round of preparations for the 29th FIMA Council Meeting, This 5th Federation of Islamic Medical Associations (FIMA) Conference in conjunction with the 14th IMAM Annual Scientific Meeting. So far around 500 delegates have registered for this event. All the participants and registered delegates are requested to send their travel plans to the FIMA-IMAM secretariate.

(dates to remember)

Day 0, 10th September, 2011: 6.00 pm FIMA pre council EXCO meeting* (all the exco members to ensure their flight plan in a manner to reach KL in am of 10th September)

Day 1, 11th September, 2011 Council meeting**

Day 2, 12th September, 2011: Council meeting**

Day 3, 13th September, 2011: Two parallel sessions of CIMCO and IHC ***/Pre-Conference workshops****

Day 4, 14th September, 2011: Scientific meeting***

Day 5, 15th September, 2011: Scientific meeting ***/FIMA post council EXCO meeting *

Kuala Lumpur Declaration 2012

Day 6, 16th September, 2011: Site seeing (all)



SPONSOR A WHEELCHAIR OR CRUTCHES

Help the handicapped children get to school



Viva Palestina Malaysia (VPM) was recently awarded funding by Ministry of Education Malaysia for the rebuilding of 11 schools in Jabaliya Gaza, Palestine.

9,000 children will now be able to go back to school. However 70 of them were left handicapped after Israel's attack on Gaza.

VPM is raising funds to purchase 35 wheelchairs and 35 pairs of crutches to enable these children to get to school. You too can help by donating towards this cause.

The wheelchairs and crutches will be purchased in Cairo and delivered to Gaza in June as we will be making a trip to Gaza in June to deliver them and other badly needed aid.

Organised by



To sponsor:

Bank in your donation to:

- Persatuan Viva Palestina Malaysia
- RHB bank account no. 214 277 000 53582

Then send an email to: azrabanu@gmail.com with your:

- name and address (for receipt)
- Amount donated

For further information contact Azra at azrabanu@gmail.com

Alone & Humbled, Yet Finally Enlightened

A new Muslimah's
experience of Ramadan
and how it touched and
changed her.



Lauren has been writing political articles and columns for UK national newspapers since the 1990's, predominantly, the Mail on Sunday. In 2005, she visited the West Bank to interview Mahmoud Abbas. Having witnessed the Occupation first hand, she has since become an outspoken advocate for Palestinian rights. In 2008, she was onboard the Freegaza; the first ship to break Israel's illegal siege of the Gaza Strip. She was then refused exit via either Israel or Egypt for a month, stating at the time; 'it's an honour to be under siege with the people of Palestine and to feel what it is to be under Occupation by Israel.'

Since 2008, she has worked for Press TV London where she presents 'Remember Palestine' and a soon-to-be aired new series on the Palestinian Diaspora. Lauren is a frequent participant on the BBC's Have I Got News for You, BBC One, BBC News 24 and Sky News where she often reviews the news.

Lauren's work for the Palestinians was her first brush with Islam.

It was during a trip to Gaza that she took her first spiritual steps towards this Deen before finally accepting Islam in October 2010. Ramadan 2011 was her first as a Muslimah and she spent it with her two daughters in the UK. She felt alone and humbled yet truly grateful to have been blessed with enlightenment.

Lauren Booth, is an English broadcaster, journalist and human rights activist, the sister-in-law of the former British Prime Minister, Tony Blair.

You are invited to join us for

Iftar, Prayers and listen to Lauren Booth

at Pusat Komuniti Bukit Bandaraya
Sunday, 29 July 2012, 6.00 pm onwards

Entrance is by a minimum contribution of
RM1,000 per table (10 pax) or
RM100 per pax for those who want individual seats

Please book your tables through:

- Rozini at 012-201 8036 / email: rozini.amin@gmail.com
- Noraini at 012-277 1710 / email: norainihasim@gmail.com
- Kim at 012-3058802 / email: ktmrozali@gmail.com

Pusat Komuniti Bukit Bandaraya is located on Jalan Medang Tanduk, Kuala Lumpur.

PROGRAM

6.00 pm	Arrival of guests
6.30 pm	Talk by Lauren Booth
7.00 pm	Talk ends
7.22 pm	Iftar
	Maghrib
	Dinner
	Isha' & Teraweeh (8 rakaat)
10.00 pm	Moreh & Meet Lauren

Organised by



MUSLIM
PROFESSIONALS
FORUM

FIMA AIDS/STIs Prevention Program Conducts Training Workshop in Ghana

The project “Youth Protection from AIDS and other STIs” has been adopted by FIMA and executed over the past 6 years. We have trained so far more than 6000 male and female volunteers in fifteen different countries (Jordan, Saudi Arabia, Morocco, Algeria, Sudan, Qatar, Bahrain, Palestine, Yemen, Lebanon, Australia, Turkey, Nigeria, Ghana and Malaysia). Through feedback information, these volunteers delivered more than 50,000 lectures in schools and youth centers. Moreover, some of them wrote and produced good educational materials to their communities and youth. The recent meeting was held in Ghana in Collaboration of Islamic Medical Association of Uganda”. A large number of medical and allied health students, doctors and nurses attended this seminar.



Remaining Message of the President

“Health in the Muslims World: Meeting the Millennium Development Goals” . One day (13th September) id dedicated to The 14th FIMA students camp was held in Istanbul Turkey from July 9-16th 2012. It was a huge success and attracted around 180 medical students from 18 countries, making a history. FIMA was represented by its secretary Dr. Tanveer Zubairi. This conference was co-sponsored by World Assembly of Muslim Youth, Islamic Medical Association of Saudi Arabia and Hayat Foundation, Turkey. It was a memorable moot

and the cover story of this issue of FIMA e-newsletter is written by one of the young participant from Leeds, UK. The team of IMAKSA headed by Dr. Salih al Ansari and Dr. Riyadh abu Sulaiman have developed a team of trainers for these camps. The dates for Umrah camp for 2012 will be announced soon. On behalf of FIMA EXCO, I congratulate Dr. Ihsan Karaman, Dr. Mehmet Gilloglu and Dr. Sedat Akbas for hosting this important and successful meeting.

Dr. Parvaiz Malik (FIMA President)

Saidina Abubakar Islamic Hospital, Uganda

(appeal for urgent donation)

Muslims in Uganda are in a minority and constitute about 25% of the total population of the country, yet their number exceeds 7 Millions. Islamic Medical Association of Uganda, a registered non-governmental organization was established in 1988. Saidina Abubakar Islamic Hospital is one of its projects and is a private not-for-profit health institution. Saidina Abubakar Islamic Hospital is an Islamic hospital. IMA Uganda has constructed the first phase of this hospital on a 12-acre piece of land in the outskirts of Kampala (its capitol). The hospital complex when completed will consist of a 128 bed hospital, training facilities, conference facilities, a mosque and the International Centre for promotion of the Islamic approach to HIV/AIDS prevention and control.

The focus of hospital services includes curative, preventive and research work in integrated AIDS related services using an Islamic approach in a way to train the healthcare professionals in service delivery, research, monitoring, evaluation and coordination at national and international levels in addition to a centre providing regular modern purpose built community hospital based health services. It was officially opened in January 2005 by the Minister of Health. Currently the hospital is providing general medical services, free antenatal care, maternity services and outreach services. In addition Anti-retroviral treatment is provided free to PHAs. A community component enhances the faith based network model.

The X-ray machines and the ultrasound machines at “Saidina Abubakar Islamic Hospital” broke down recently. The hospital is therefore unable to offer these vital services. FIMA requests its

please write to Dr. Ashraf Jedaar, Director FIMA Relief (ajedaar@iafrica.com), Dr. Parvaiz Malik, FIMA President (pmalikmd@gmail.com), Dr. Tanveer Zubairi, FIMA Secretary



members to mobilize some resources to them to purchase new or used/reconditioned ultrasound and X-ray equipment. FIMA sectt. and FIMA relief is trying to arrange for donations,

(tanveer.zubairi@gmail.com)
visit the IMAU Hospital website
<http://www.imau-uganda.org/>
and FIMA website
(www.fimaweb.net)

DWW-Turkey Takes a Leading Role in Provision of Medical Relief in Asia and Africa

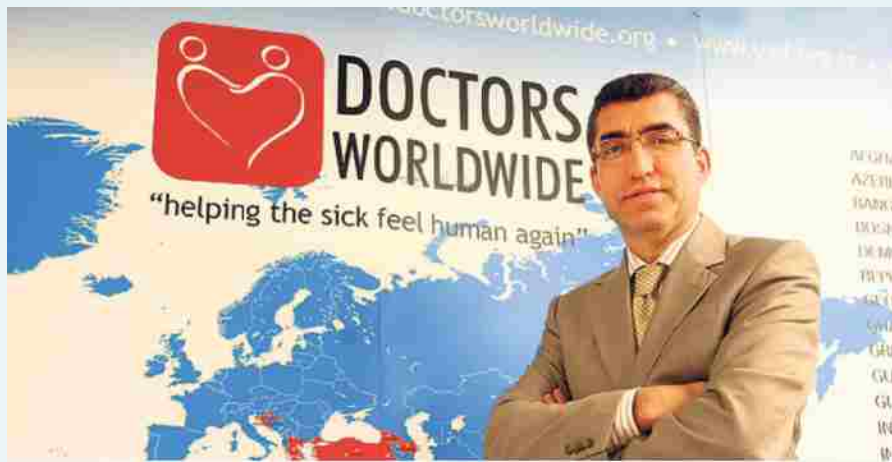
They have a presence in 27 countries such as Afghanistan, Azerbaijan, Bangladesh, Congo, Georgia, Myanmar, Sudan and Sri Lanka, where they are dedicated to providing volunteer medical relief; they have performed about 2 million examinations, 150,000 circumcisions, 1,000 cataract operations and thousands of health screenings.

Undertaking many projects in more than 20 countries across four continents, DWW has been also working with the Turkish International Cooperation and Development Agency (TİKA). They are prepared to serve in peace and wartime and when natural disasters happen.

After a powerful earthquake hit Kashmir and other regions in Pakistan in 2005, DWW sent relief teams to the region within 48 hours and set up clinics in Muzaffarabad, the center of the quake. At the time, they established the first permanent health center in the village of Komikot in Pakistan. In addition, DWW built a new children's hospital in Balakot.

DWW has had a presence in the Democratic Republic of the Congo since 2003, providing medical relief for civil war victims, medical supplies against cholera threats and awareness-

raising seminars against HIV/AIDS for youth, as well as performing circumcisions for boys as a preventive measure against some diseases. With the cooperation of a local organization, RADEM, they have also undertaken other projects like setting up maternity clinics in the towns of Gambela and Kamina. In June 2006, they opened the Hewa Bora Hospital in a poor residential



area where families live in one or two-room barracks.

In Niger, where there are nearly 200,000 women who have developed serious obstetric fistulas during pregnancy, DWW opened a hospital with Niger's Ministry of Health for fistula patients who often face abandonment by their families and face social isolation. DWW have also been delivering a Smiling Children project in Palestine since 2007 to treat children with congenital cleft palates. They have performed 320 operations so far. They are planning to extend the project to Syria, Iraq, Afghanistan and Africa in the coming years.

Their work has not gone unnoticed. After seeing what DWW has been doing in Congo, Turkey's President Abdullah Gül invited DWW Turkey volunteers to Ankara last year, where they met the president and gave him a briefing on their work.

(Around 700 000 internally displaced Rohingyas are looking for shelter and food)

DWW also served in Gaza when it

was blockaded during an Israeli attack in 2006. They opened a new trauma center in the city of Khan Younis and gave local physicians trauma and resuscitation training. In a second Gaza attack in 2008, they were at the Rafah border

gate. With the help of organizations from Turkey and Europe they rushed medicine, medical supplies and equipment, including ambulances, to the area.

In the scope of the project since 2007, 14 teams consisting of approximately 8-9 specialists and nurses were sent to Palestine to give service to the people of Palestine.

From 2007 until now 2358 examinations and 547 surgeries were performed in branches such as plastic surgery, urology, neurosurgery, pediatric surgery, obstetrics and gynecology and general surgery.



Date	Elective Examinations	Surgeries	Branch
2007	300	74	Plastic surgery + ENT
2008	200	60	Plastic surgery + ENT + urology
2008		18	Neurosurgery
2008	300	97	Plastic surgery + urology
2008		15	ENT + general surgery + pediatric surgery
2009	170	62	Plastic surgery + pediatric surgery + cardiology
2010			Plastic surgery + pediatric surgery + general surgery
2010	118	47	Plastic surgery + pediatric surgery + urology
2010	127	52	Plastic surgery + urology + ENT
2012	398	33	Urology + general surgery + ophthalmology
2012	445	49	Plastic surgery + urology + ENT + orthopedics + neurosurgery
2012	300	40	Urology + ENT + pediatric surgery + orthopedics + gynecology

On 23 June 2012 our 15th mission will arrived at Gaza. This large team of 17 people consists of 9



medical and surgical specialists from different fields accompanied by Vice President of Council of Higher Education Prof. M. A. Yekta Saraç, members of Council of Higher Education Prof. Dr. Mehmet Şişman and Prof. Dr. Harun Cansız, Undersecretary of Ministry of Finance Naci Agbal and Undersecretary of Ministry of Education M. Emin Zararsız. The President of FIMA, Dr. Parvaiz Malik & Dr. Muhammad Khan will join this team to serve the

people of Gaza as well. Our specialists will be performing medical examinations and surgeries in Nasser and European Hospitals while the other guests from the Council of Higher Education, Ministry of Finance and Ministry of Education will be attending the graduation ceremony of the students of Gaza Islamic University for the term 2011-2012. The team will meet with the President of the University concerning topics on how to develop the education system of the University, student exchange programs and what the Turkish Education system could offer. It is expected that an affiliation agreement between the two parties to be signed.

DWW has also focused on Syrian

medical relief in collaboration with our local partners and bodies in Jordan and Lebanon. The situation is alarming and still a lot of effort is required to coop with ever increasing number of casualties and injured patients, some of them requiring complicated surgical procedures and later time consuming rehabilitation.

During the last two months (July and August) DWW has sent



volunteers in Myanmar to extend medical and humanitarian aid. DWW is closely working with Turkish Government and relief bodies.



Dr. Omar al Ayat, an executive member of FIMA is supervising the Syria medical relief project since last so many months. He has visited the neighboring countries in a pursuit of extending the best medical services they can provide. The Syria Medical Relief is being carried out by IMA Egypt, AMU, IMA Lebanon, IMA Jordan and many other FIMA member bodies and partner organizations including-DWW- Turkey.

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